



School Holiday Program

3 Fun Filled Days • 8:30am to 3:30pm • Ages 4-12

October 2025 Dates

Wednesday, 1st Oct

Thursday, 2nd Oct

Friday, 3rd Oct

Scan To Book Now



Location: Mckinnon Secondary College East Campus, 14
South Dr, Bentleigh East, VIC

What Is Involved

- Karate/Kickboxing/MMA Training
- Class Discussions
- Weapons Training
- Self Defence
- Movie
- Ninja Obstacle Course
- Nerf Wars
- Soft Archery
- Ninja Rope Climbing
- Tournament Practice
- Games
- Grading (if eligible after 4 days)

www.allstarsdefence.com.au